

2 Course Set Menu

€18.95pp

Groups of 6 or more please order from set menu

Antipasti

CHOOSE FROM:

Small Caprese salad
Small garlic bread with cheese
Rocket, parmesan & balsamic salad
Regular fries
Sweet potato Fries
Soup of the day

Mains

CHOOSE FROM:

Any signature pizza
Lasagna
Any mains salad

UPGRADE!

Specials + €3 per dish

Lightbites

SPECIAL ARANCINI €9.5
Ragu filled arancini with parmesan rocket salad and served with garlic aioli G / MK / S / E / CY

CHEESY GARLIC BREAD Sml €6.5
Handmade flatbread with fresh garlic Lrg €9.95
oil, & topped with mozzarella G / MK /

MIXED OLIVES & FOCACCIA €7.85
Olives served focaccia and olive oil & balsamic dip G / SP

FRIES €5.25
Fries, & sea salt

FANCY FRIES €7.5
Fries, truffle oil, parmesan, & sea salt
MK /

SWEET POTATO FRIES €5.75
Sweet potato fries, & sea salt

Flatbreads

SPECIAL BRUSCHETTA FLATBREAD €9.95
Garlic bread with cheese, freshly chopped vine tomatoes, red onion, basil pesto, fresh basil
Add fresh mozzarella €2.00
G / S / MK / N

LITTLE ITALY FLATBREAD €9.95
Our dough rolled thin and covered with oven roasted tomatoes, grilled peppers, rocket, ricotta & pesto MK / G / N / S

FIG & FIG FLATBREAD €9.95
Our dough rolled thin and covered with bacon, figs, garlic, olive oil, & crumbled gorgonzola cheese MK / G

BIG SMOKE FLATBREAD €9.95
Our dough rolled thin and covered with n'duja, caramelised onions, smoked scarmorza cheese, & chilli oil MK / G / E / S

Dips

Garlic mayo E / S €2.5
Bourbon BBQ sauce SP €2.5
Frank's hot sauce €2
Sun-dried tomato pesto MK / N €2.5
Vegan basil pesto S / N €2.5

Gluten free pizza base €2.25

Signature Pizzas

SPECIAL NAUGHTY OR NICE €14.5
Tomato base, pepperoni, jalapeno, honey drizzle G / MK

SPECIAL THE GRINCH PIZZA €14.5
Tomato base, mozzarella, gorgonzola cheese, caramelized onions, spinach, garlic oil G / MK

SPECIAL ITALY'S HOTTEST €14.5
Mozzarella cheese, tomato sauce, pepperoni, spicy n'duja sausage, jalapenos, parmesan cheese G / MK

MARGHERITA €11.5
Mozzarella, tomato sauce, fresh basil, & olive oil drizzle G / MK

PEPPERONI €12.5
Pepperoni, mozzarella, & tomato sauce
G / MK

LOVE / HATE €12.9
Home roast ham, pineapple, mozzarella, & tomato sauce G / MK

FOUR CHEESE €13.5
Mozzarella, smoked Scamorza, Gorgonzola, parmesan, & tomato sauce G / MK

CHICKEN & SPINACH €14.95
Chicken, pearl peppers, spinach, mozzarella cheese, tomato sauce, & sun-dried tomato pesto
G / MK / N / S / SP

MEATY LEGEND €15.5
Pepperoni, bacon, fennel salami, mozzarella, & tomato sauce G / MK

DIAVOLA €14.95
N'duja, pearl peppers, mozzarella, & tomato sauce G / MK

PARMA €15.5
Parma ham, mozzarella, rocket, parmesan, tomato sauce, & olive oil drizzle G / MK

THE PROOF €14.95
Gorgonzola, butternut squash, caramelized onion, rocket, parmesan, & bechamel sauce base (no tomato base) G / MK

BUFALINA €13.5
Buffalo mozzarella, tomato sauce, fresh basil, & olive oil drizzle G / MK

AS OUR KITCHEN IS OPEN WE CAN NOT GUARENTEE A GLUTEN OR NUT FREE ENVIRONMENT.

Contains the following allergens

Gluten /G, Crustaceans /C, Eggs /E, Fish /F, Molluscs /M, Soybeans /S, Peanuts /P, Nuts /N, Milk /MK, Celery /CY, Mustard /MD, Sesame Seeds /SS, Sulphites /SP, Lupin /L

Pasta

LASAGNA €15.25
Irish beef, lasagna, bechamel sauce, marinara sauce, & mozzarella, finished with basil
G / MK / CY / S

Salads & Extras

CAPRESE SALAD €12.5
Plum tomatoes, buffalo mozzarella, basil, sea salt, & olive oil drizzle
MK /

CAESAR SALAD €12.5
Chicken, bacon, cos lettuce, parmesan, croutons, & Caesar dressing SP / G / E / S / MK / MD

2 FORK SALAD €9.5
Rocket, cos lettuce, croutons & balsamic dressing G / SS / SP

BREAD BASKET €3.7
Selection of thyme & seasalt foccacia /G

PROOF URBAN ITALIAN
Christmas Lunch Menu



Vegan

All our beef is 100% Irish

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