

## DRAFT COCKTAILS & SLUSHIES

We handcraft every cocktail in house

	Glass	Pitcher
Aperol Spritz /SP	9.5	32
Limoncello Spritz	9.95	32
Watermelon Aperol Spritz	10.5	35
Strawberry Vodka Lemonade	11	35
Gin & Tonic	11	35
Elderflower Mojito	11.5	39
Espresso Martini	12.5	
Porn Star Martini	12.5	
Strawberry Daiquiri Slushie	10	
Slushie Lime Margarita	10	
Slushie Mango Margarita	10.5	
Slushie Strawberry Margarita	10.5	
Do You Like Piña Colada	12.5	

## WINES

	Glass	Carafe 750ml	Bottle
<b>SPARKLING &amp; ROSE</b>			
Prosecco /SP	8		30
Gabriella rose DOC, Italy	7.5		30
<b>WHITE/</b>			
Pinot Grigio, Italy / SP	7.5	28	
La Chevalière Chardonnay France /SP	8.5		32
Mussel Bay Sauvignon Blanc Marlborough, NZ /SP	10		39
<b>RED/</b>			
Montepulciano d'Abruzzo Italy /SP	7.5	28	
Sangiovese Terre Siciliane IGP Italy /SP	8		32
Nero d'Avola Sicilia Doc, Italy SP/	9		39

## BEERS, CIDER & HARD SELTZERS

	½ Pint	Pint
Peroni /G	5.25	6.7
Rye River Session IPA /G	5.25	6.7
Guinness /G	5.25	6.7
<b>Bottles</b>		
Peroni 0% / 33cl /G	4.5	
Peroni GF / 33cl	5.5	
Rye River Pale Ale / 33cl /G	5.5	
Rye River Lager / 33cl /G	5.5	
Strawberry & Lime	7	
Kopparberg Cider/ 33cl /G		
<b>Cans</b>		
White Claw Hard Seltzer	5.95	
Black Cherry   Lime   Mango		

## BOTTOMLESS BRUNCH

<b>BOTTOMLESS PROSECCO or MIMOSAS</b>	22.5
Make it pink! Add strawberry coulis 90min table seating only	
<b>LEVEL UP - BOTTOMLESS PROSECCO or MIMOSAS &amp; WELCOME COCKTAIL</b>	27.5
Choose Aperol Spritz or Strawberry Vodka Lemonade	
<b>GLASS OF PROSECCO</b>	8
<b>GLASS OF MIMOSA</b>	9

## PANCAKES & WAFFLES

<b>PROOF PANCAKE PLATTER FOR 2</b>	21
4 baked pancakes, sauces on the side: maple syrup, chocolate + fresh strawberries, blueberries & crispy bacon	G/ MK/ E/ S
<b>PROOF PANCAKES &amp; WAFFLE PLATTER FOR 2</b>	20
2 Baked pancakes, 2 waffles, maple syrup & chocolate sauce on the side + fresh strawberries, blueberries & crispy bacon	G/ MK/ E/ S
<b>PROOF WAFFLE PLATTER FOR 2</b>	21
4 baked waffles, maple syrup, chocolate sauce on the side + fresh strawberries, blueberries & crispy bacon	G/ MK/ E/ S
<b>WAFFLES WITH BACON &amp; MAPLE SYRUP</b>	13.2
2 Baked waffles, crispy bacon, maple syrup on the side	G/ MK/ E/ S
<b>MASCARPONE &amp; PINK CHOCOLATE WAFFLES</b>	14.15
2 Baked waffles, fresh strawberries, blueberries, whipped mascarpone with berry coulis, pink chocolate pearls & chocolate sauce	G/ MK/ E/ S
<b>PROOF PANCAKES, BACON &amp; MAPLE SYRUP</b>	13.2
2 Baked pancakes, crispy bacon, maple syrup on the side	G/ MK/ E/ S
<b>PANCAKES DE LECHE</b>	14.15
2 Baked pancakes, dulce de leche, toasted hazelnuts, pink chocolate shavings, & chocolate sauce on the side	G/ MK/ E/ S

AS OUR KITCHEN IS OPEN WE CAN NOT  
GUARENTEE A GLUTEN OR NUT FREE

### ENVIRONMENT

All our beef is 100% Irish  
CONTAINS THE FOLLOWING ALLERGENS:  
Gluten /G, Crustations /C, Eggs /E, Fish /F, Molluscs /M,  
Soybeans /S, Peanuts /P, Nuts /N, Milk /MK, Celery /CY,  
Mustard /MD, Sesame seeds /SS, Sulphites /SP, Lupin /L

Vegan 

## SAVOURY BRUNCH

<b>ITALIAN STYLE EGGS BENEDIC</b>	13.2
Toasted focaccia, parma ham, poached eggs, hollandaise served with rocket	G/ MK/ E/ S
<b>PROOF BREAKFAST PIZZA</b>	13.2
Bacon, rocket, mozzarella, parmesan, eggs, bechamel sauce	G/ MK/ E
<b>CHICKEN &amp; WAFFLES</b>	15.25
Southern fried chicken, 2 fire baked waffles, maple syrup on the side	G/ MK/ E/ S/ MD
<b>SPICY CHICKEN &amp; WAFFLES</b>	15.25
Southern fried chicken, 2 fire baked waffles, bacon, pearl peppers, rocket & hot sauce	G/ MK/ E/ S/ MD
<b>FULL-PROOF BREAKFAST</b>	14.95
FX Buckley sausages, beef tomato, crispy bacon, poached egg, hash brown, sauteed mushrooms, & focaccia	G/ MD/ E/ SP
<b>CHICKEN PARMESAN SANDWICH</b>	14.5
Southern fried chicken, tomato sauce, baby spinach, smoked scamorza, parmesan, on focaccia, served with regular or sweet potato fries	G/ MK/ MD
<b>CRISPY CHICKEN CAESAR SANDWICH</b>	14.5
Southern fried chicken, bacon, cos lettuce, parmesan cheese, Caesar dressing, on focaccia, served with regular or sweet potato fries	G/ MK/ E/ S/ MD/ SP

## PIZZAS

<b>MARGHERITA</b>	11.5
Mozzarella, tomato sauce, & olive oil drizzle	G/ MK
<b>PEPPERONI</b>	12.5
Pepperoni, mozzarella, & tomato sauce	G/ MK/
<b>CHICKEN &amp; SPINACH</b>	14.95
Chicken, pearl peppers, spinach, mozzarella, tomato sauce, & sun-dried tomato pesto	G/ MK/ N
<b>MEATY LEGEND</b>	15.5
Pepperoni, bacon, fennel salami, mozzarella, & tomato sauce	G/ MK/
<b>DIAVOLA</b>	14.95
N'duja, pearl peppers, mozzarella, & tomato sauce	G/ MK/
<b>PARMA</b>	15.5
Parma ham, mozzarella, rocket, parmesan, tomato sauce, & olive oil drizzle	G/ MK/
<b>THE PROOF</b>	14.95
Gorgonzola, butternut squash, caramelized onion, rocket, parmesan, & bechamel sauce base (no tomato sauce)	G/ MK/

## SIDES

<b>FRIES</b>	5.25
Potato fries & sea salt	
<b>SWEET POTATO FRIES</b>	5.75
Sweet potato fries & sea salt	
<b>FANCY FRIES</b>	7.5
Potato fries, truffle oil, parmesan, & sea salt /MK	
<b>CHEESY BACON FRIES</b>	7.5
Fries, homemade cheese sauce, & bacon bits /MK/ SP	

## ADD DIPS & EXTRAS

Garlic Mayo /E/ S	2.5
Bourbon BBQ Sauce /SP	2.5
Frank's Hot Sauce	2
Extra Bacon	3.2
Extra Fried Chicken	4.25

## HOT BEVERAGES

Double Espresso	3
Americano	3.6
Latte /MK	4.15
Cappuccino /MK	4.15
Tea	2.8
Herbal Tea	3.5
Irish Coffee /MK	8.5
Baileys Coffee /MK	8.5
Tia Maria Coffee /MK	8.5

Milk options (oat milk) +50c

## SOFT DRINKS

Strawberry Lemonade	4.25
Orange Juice	3.75
San Pellegrino Sparkling Water	2.95
Aqua Panna Still Water	2.95
San Pellegrino Lemon	3.25
San Pellegrino Orange	3.25
Coke	3.15
Coke Zero / Diet Coke	2.95
7UP   Fanta	2.95
Red Bull, sugar free	3.75

Gluten free pizza base 2.25

VEGAN CHEESE AVAILABLE  
ASK YOUR SERVER!

**BRUNCH MENU**  
**PROOF URBAN ITALIAN**