DINNER SET MENU 32.50PP FROM 6PM

Select 1 Lightbite

1 Main & 1 Drink*

*House wine, or/ prosecco, or/ beer

LIGHTBITES

ARANCINI 9.5
Ragu filled arancini, parmesan rocket salad,
served with garlic aioli

G/MK/CY/E/S

G/MK/

CHEESY GARLIC BREAD Sml 6.5
Handmade flatbread with fresh
garlic oil, & topped with mozzarella

MIXED OLIVES & FOCACCIA 7.85 Served with olive oil & balsamic dip G/SP

CHICKEN WINGS - FRANK'S HOT SAUCE 11
Crispy fried chicken wings, honey, Frank's hot sauce, & homemade garlic mayo dip

CHICKEN WINGS - HOMEMADE €11 BOURBON BBQ SAUCE

Crispy fried chicken wings, sticky bourbon bbq sauce, & homemade garlic mayo dip E/S/MD/SP

FRIES V 5.25
Fries, & sea salt

FANCY FRIES 7.5 Fries, truffle oil, parmesan, & sea salt /mk

SWEET POTATO FRIES 5.75
Sweet potato fries, & sea salt

SHARING BOARDS

MEATS & CHEESES 2

Smoked Scamorza, burrata, Parma ham, fennel salami, bread, relish, & caramelised red onion $_{\text{G/MK/SS/SP/N}}$

FLATBREADS

BRUSCHETTA FLATBREAD

Garlic bread with cheese, freshly chopped vine tomatoes, red onion, basil pesto, fresh basil Add fresh mozzarella +£2.00 g/S/MK/N

CHEESY NDUJA FLATBREAD 8.5 Cheesy galric bread with nduja and mozzarella cheese G/MK

CITTLE ITALY FLATBREAD

Our dough rolled thin and covered with oven roasted tomatoes, grilled peppers, rocket, ricotta & pesto MK/G/N/S

PIG & FIG FLATBREAD 8.5

Our dough rolled thin and covered with bacon, figs, garlic, olive oil, & crumbled gorgonzola cheese $$\tt MK/G$$

BIG SMOKE FLATBREAD 8.5 Our dough rolled thin and covered with n'duja, caramelised onions, smoked scarmorza cheese,

SALADS

SP/G/E/S/MK/MD

& chilli oil MK/G/E/S

CAPRESE SALAD 12.5
Plum tomatoes, buffalo mozzarella, basil, sea
salt. & olive oil drizzle MK/

CAESAR SALAD
Chicken, bacon, cos lettuce, parmesan, croutons, & Caesar dressing

2 FORK SALAD 9.5
Rocket, cos lettuce, croutons, & balsamic dressing G/SS/SP

DIPS & BREADS

| BREAD SELECTION Thyme & seasalt focaccia G | 3.70 |
|---|------|
| Garlic mayo E/S | 2.5 |
| Bourbon BBQ sauce SP/ | 2.5 |
| Frank's hot sauce | 2 |
| Sun-dried tomato pesto ${\tt MK}/{\tt N}$ | 2.5 |
| Vegan basil pesto s/N | 2.5 |

AS OUR KITCHEN IS OPEN WE CAN NOT GUARENTEE A GLUTEN OR NUT FREE ENVIRONMENT.

Contains the following allergens

Gluten/G, Crustaceans/C, Eggs/E, Fish/F, Molluses/M, Soybeans/S, Peanuts/P, Nuts/N, Milk/MK, Celery/CY, Mustard/MD, Sesame Seeds/SS, Sulphites/SP, Lupin/L

PIZZAS

Our Romano style pizzas are made with 00 flour for that signature thin and crispy base. We use only the best natural ingredients.

CLASSIC PIZZAS

MARGHERITA 11.5 Mozzarella, tomato sauce, fresh basil, & olive oil drizzle G/MK

PEPPERONI 12.5
Pepperoni, mozzarella, & tomato sauce G/MK
LOVE / HATE 12.9

Home roast ham, pneapple, mozzarella, & tomato sauce $$_{\rm G/MK}$$

SIGNATURE PIZZAS

THE LIBERTIES 14.5
Tomato base, mozzarella, gorgonzola cheese,

caramelized onions, spinach, garlic oil G/MK

ITALY'S HOTTEST 14.5

Mozzarella cheese, tomato sauce, pepperoni,
spicy n'duja sausage, jalapenos, parmesan

cheese G/MK

DIAVOLA 14.95 N'duja, pearl peppers, mozzarella, & tomato sauce g/MK

CHICKEN & SPINACH
Chicken, pearl peppers, spinach, mozzarella
cheese, tomato sauce, & sun-dried tomato pesto

G/MK/N/S/SP

MEATY LEGEND 15.5

Pepperoni, bacon, fennel salami, mozzarella, &

tomato sauce G/MK

PARMA
15.5
Parma ham, mozzarella, rocket, parmesan,
tomato sauce, & olive oil drizzle G/MK

THE PROOF

Gorgonzola, butternut squash, caramelized
onion, rocket, parmesan, & bechamel sauce base
(no tomato sauce) G/MK

BUFALINA 13.5 Buffalo mozzarella, tomato sauce, fresh basiol, & olive oil drizzle

FOUR CHEESE

Mozzarella, smoked Scamorza, Gorgonzola,
parmesan, & tomato sauce G/MK

PASTAS

RIGATONI ARRABIATTA

15.25

Marinara sauce, chicken, rigatoni pasta, chilli flakes, topped with fresh rocket, olive oil drizzle

LASAGNA 15.25

Irish beef, lasagna, bechamel sauce, marinara sauce, & mozzarella, finished with basil $_{\rm G/MK/CY/S}$

PASTA FROMMAGIO 12

Rigatoni pasta, cheese sauce, parmesan G/MK/CY/S

PASTA ALLA NORMA

13.5

Rigatoni pasta, San Marzano tomato sauce, fried aubergine, garlic, fresh basil, & salted ricotta cheese G/MK/CY

BOLOGNESE 14.25

Irish beef, bolognese, linguine pasta, & freshly grated parmesan, finished with fresh basil G/MK/CY

BACON & MUSHROOM LINGUINE 14.25 Bacon, mushrooms, white wine cream sauce,

& linguine pasta, finished with fresh basil

DESSERTS

WINTER FRUIT CRUMBLE TART 8.95
With vanilla ice cream MK/G/E/N

BABA RUM 12.5
With whipped cream strawberry coulis

With whipped cream, strawberry coulis and fresh berries G/E/MK/

TIRAMISU 7.8

Creamy mascarpone filling with white sponge soaked in coffee syrup G/MK/B

VANILLA ICE CREAM 5.5

2 scoops with chocolate sauce MK

GLUTEN FREE pasta & pizza 2.25

VEGAN CHEESE AVAILABLE. ASK YOUR SERVER!

DINNER MENU
PROOF URBAN ITALIAN







13.5